

# Indian Himalaya trek and street children project

10-22 October 2009

**act:onaid**



Gail Porter visiting a street children project in Delhi

**Immerse yourself in India's beautiful scenery by joining ActionAid on this unique challenge, trekking through one of the world's most breathtaking mountain ranges and spending two days refurbishing a centre for street children in Delhi.**

**DAY 1: Saturday 10 October**

Fly London – Delhi.

**DAY 2: Sunday 11 October**

Arrive Delhi and transfer to hotel. Time to freshen up before exploring the city. After dinner you will catch an overnight sleeper train to Dharamsala.

**DAY 3: Monday 12 October**

Arrive Dharamsala, home to the Dalai Lama and a vibrant Tibetan community. After checking in to the hotel there will be time to explore the bustling town!

**DAY 4: Tuesday 13 October**

Morning transfer to Bao village on the banks of the Brahal River, the starting point of our trek. Ascend to the remote village of Batuni where you can visit a local family home. A further hour's walk takes us to our lunch break before we descend through lush

green fields, terraces and woodland to Kanol. Overnight at camp.

**DAY 5: Wednesday 14 October**

Our day begins with a steep ascent through small villages offering beautiful views of the valley. Break for lunch at Kareri village before walking to our camp on the banks of the Laund river, with views of rolling hills and distant mountains.

**DAY 6: Thursday 15 October**

Wake up to the sound of birdsong before a gradual walk up to Rawa village. From Rawa it's a steep ascent to Bahl village. The area is rich in beautiful Himalayan birdlife in open meadows and pine forests. Camp will be set up by a small stream, with the chance for a cool dip after a challenging day.

**DAY 7: Friday 16 October**

This morning it's a steep ascent through a forest of oak, rhododendron and cedar trees to Triund, an alpine meadow on top of a ridge offering stunning views of the peaks of Dhauladhar and the Kangra valley.

**DAY 8: Saturday 17 October**

Your final trekking day! Our return to Dharamsala will take a different route, starting with a gradual descent over a grassy ridge and through a local village before a steep descent to the Bhagsu waterfall. After lunch, we have a short walk to

Bhagsu village, where our trek ends. Transfer to Dharamsala where you can celebrate the end of your first challenge!

**DAY 9: Sunday 18 October**

Free morning free to relax and rest, or explore Dharamsala before catching the overnight train to Delhi.

**DAY 10: Monday 19 October**

Arrive Delhi and transfer to your hotel before starting your second challenge – working on the renovation of an ActionAid-supported centre for street children.

**DAYS 11 & 12: Tuesday 20 – Wednesday 21 October**

Project work: Based at the ActionAid supported project for homeless people. The project will involve painting and refurbishing rooms and buildings to improve the centre's facilities.

**DAY 13: Thursday 22 October**

Visit the world famous Taj Mahal and the Agra Fort before transferring to Delhi for our afternoon flight home.

You will also be able to extend your stay in India after the challenge at an extra cost. Limited places available.

This is a complex itinerary and subject to change. You will be advised of any changes before departure. All flight and expedition arrangements are being undertaken by The Different Travel Company (ATOL 6706)

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"Words can't describe the impact this trip had on me! Every day was a new adventure with amazing sights and experiences. Visiting the project was very humbling and made everything worthwhile."

Anne Mills, India trek 2008



Anne and fellow trekker Elaine in the stunning Indian Himalayas

## WHERE ON EARTH AM I GOING?

### About India

A trip to India can be a life-changing experience – prepare to be surprised, overwhelmed and humbled!

Based at the ActionAid supported project for homeless people in Delhi, we will be painting and refurbishing rooms and buildings to improve the centre's facilities. No particular skills are required, just enthusiasm and the willingness to get stuck in and make a difference! It's a great opportunity to witness the results of your fundraising first hand, while working alongside the locals and getting involved in the community.



### ActionAid in India

ActionAid has been working in India since 1972. It was our first country programme and is now our largest. Through a network of over 300 local organisations and community groups we work to improve the status of poor and marginalised people. We lobby the government, international institutions and the media about food, education, health and women's rights, and provide emergency relief after disasters, helping communities devise long-term solutions to the problems that cause them.

Photography: Tony Spencer/ActionAid

## MONEY MATTERS

**REGISTRATION FEE: £300** (can be paid in two monthly instalments)

**MINIMUM SPONSORSHIP: £3,100** (the trip cost of **£1,570** will be taken from the minimum sponsorship). **£100** of your sponsorship will go directly to the homeless project.

### Trip costs will cover:

- flights and transfers
- accommodation
- passenger service charge and UK airport tax
- all meals except for lunch on day two
- English-speaking expedition leader, doctor and full local support team
- bottled drinking water / snacks
- a donation of £20 per person from Different Travel towards the project you will be working on in India.

### Excluded from the costs:

- additional airline-imposed fuel charges
- visa for India
- travel insurance £57 – this should be purchased when registering. Please send a cheque made payable to Campbell Irvine on registration
- optional activities not mentioned in the itinerary
- travel to and from UK airport
- any vaccinations\* required
- tips and gratuities (we recommend approx £25-£30).

\*You are advised to seek advice from your doctor regarding inoculations and anti-malarial precautions.

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[www.actionaid.org.uk/adventures](http://www.actionaid.org.uk/adventures)

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