



This unique challenge in the Great African Rift Valley takes us on a route where Maasai villages and majestic volcanoes make the most dramatic and beautiful backdrop imaginable. We also visit ActionAid's community project, in Narok, Kenya, and see firsthand how your sponsorship will better lives.

**DAY 1: Thursday 18 September
London - Nairobi**

Overnight flight.

**DAY 2: Friday 19 September
Nairobi - Narok**

Transferring to the Maasai town of Narok, we will learn more about ActionAid's work in the area. Hotel for dinner and overnight.

**DAY 3: Saturday 20 September
ActionAid project Visit**

Today we will visit ActionAid's local education and water projects, meeting and engaging with the Maasai communities that ActionAid work with, on our sustainable poverty relief programmes. This will be an eye-opening and exhilarating experience, unique to ActionAid and promises to be one of the main highlights of your trip.

**DAY 4: Sunday 21 September
Tanzania - Longido**

Crossing into Tanzania we'll drive to Kawawa Camp, located in the foothills of the dramatic

Mt. Longido - one of the few high peaks in the region that is not volcanic. We will take an acclimatisation trek in the bush to the small community of Longido. The climate will be very hot and dry. Overnight camp.

**DAY 5: Monday 22 September
Longido - Kitumbeine**

We will travel further into the bush towards Kitumbeine to the day's trek start-point - we will have a tough trek towards the majestic volcano, Kitumbeine. Passing Maasai villages, we will have our first views of Ol Doiyo Lengai (2,878m), the most sacred Maasai mountain in the region. After a packed lunch, we will trek through to Kitumbeine, before reaching the village camp. Prepare to be captivated by the mystical, eternal beauty of this region, which is known as "The Cradle of Mankind". Overnight camp.

**DAY 6: Tuesday 23 September
Kitumbeine mountain**

Today's superb trek reveals the surrounding mountain scenery - trekking part way up Kitumbeine along a trail that takes us to the high Maasai lands located on the side of the mountain. We will pass through lands very rarely visited by tourists with wonderful views across the plains below that make up the floor of the Rift Valley. By mid afternoon, return to camp for Maasai dancing, dinner and overnight.

**DAY 7: Wednesday 24 September
Dustpans of Nagarirat to Gelai**

Crossing a low saddle between mounts Kitumbeine and Gelai we will climb into the

foothills of Gelai. We will start to see more of the birdlife and wild game that populates the region; zebra, gerenuk, giraffe, the "go away" bird and the weavers. Overnight camp at Gelai Village site.

**DAY 8: Thursday 25 September
Sunken Crater & the Lava Plains**

Trek towards the Sunken Crater; crossing a beautiful plain marked by dead volcanic vents - bringing us ever closer to the escarpment of the Rift Valley, which rises from the bush up to the Ngorongoro Crater Highlands. After reaching the Sunken Crater, transfer to camp near the ancient settlement of Engaruka.

**DAY 9: Friday 26 September
Ngorongoro Crater**

We visit one of the Wonders of the World - the Ngorongoro Crater - a natural amphitheatre. We will see most of the Big Five and plenty of other game. From here we drive up to E Unoto Lodge, a fitting reward for all of our fundraising and trekking.

**DAY 10: Saturday 27 September
Transfer to Nairobi**

Catch an evening flight to UK

**DAY 11: Sunday 28 September
Arrive UK**

At an extra cost, there is an opportunity to extend your stay and take part in an optional Serengeti and Manyara or Tarangire Safari. Further information will be provided after registration.

This is a complex itinerary, and subject to change. © Copyright of Charity Challenge



WHERE ON EARTH AM I GOING?

About Tanzania

Dodoma is Tanzania's political capital and Dar es Salaam is the commercial capital.

The Great Rift Valley, running through the middle of Tanzania, was formed twenty million years ago; it was created when the earth's crust ripped apart.

The Maasai are an indigenous African ethnic group of semi-nomadic people. Due to their distinctive customs and dress, they are among the most well-known African ethnic groups internationally. The official Maasai colour is red.

This information is correct at the time of going to print. You will be advised of any changes before departure. ActionAid is acting on behalf of Charity Challenge, ATOL 6546. Charity Challenge aims to set responsible tourism standards within the charity expeditions industry. Every trip aims to benefit local communities whether through the employment of local people, using locally owned accommodation, providing participants with notes on environmental and cultural respect, or contributing to local community projects.



ActionAid in Kenya and Tanzania

In Kenya and Tanzania we work on issues such as HIV and AIDS prevention, care and treatment, famine relief, peace building, food and education. ActionAid has been working in partnership with some of Kenya's most deprived communities since 1972. We now work with over a million people, helping them to eradicate poverty from their lives and build a brighter future for themselves.

TOP TIP!

"Start early and ask everyone you know..."

Claire Morgan, ActionAid Trekker, 2006



MONEY MATTERS

REGISTRATION FEE: £300 (can be paid in two monthly instalments)

MINIMUM SPONSORSHIP: £3,100

The trip costs of **£1,680** will be taken from your minimum sponsorship. Trip costs will cover:

- flights and transfers
- accommodation
- all meals and drinking water
- passenger service charge and UK airport tax
- group first aid supplies
- an English-speaking expedition leader and full local support team
- Charity Challenge donate US\$20 per participant to ActionAid's project work that you will visit in Narok.

Additional extras that you will need to cover:

- Tanzanian visa (£38) and Kenyan transit visa (£10)
- any additional airline imposed fuel surcharge
- any optional activities/flight extensions
- personal spending money
- travel to/from UK airports
- any required vaccinations/malarial prophylactics
- tips for the local support team
- travel insurance (must be purchased at the same time as registering).

