

PLEASE OUTLINE IN DETAIL HOW YOU PLAN TO RAISE YOUR SPONSORSHIP

It is important that you fill out this section in as much detail as possible. We are looking for dedicated runners but also dedicated fundraisers. The success of your application is dependent upon this section. Please feel free to continue on a separate sheet of paper if needed

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IS YOUR EMPLOYER LIKELY TO MATCH THE MONEY YOU RAISE?

Yes/No - Don't be afraid to ask as many companies do have a policy of supporting their employees' charitable fundraising in this way

Please give details of your employer if they have agreed or are likely to agree to match your total (we will not contact them without your permission)

Name and address
Type of business

Important! - Please note:

Whilst in general ActionAid strongly encourages matched giving and company donations, there are a small number of companies that the Charity cannot accept support from. If you are thinking of approaching your company about this, please do get in touch with ActionAid beforehand. Sponsorship from colleagues on an individual basis will always be accepted.

WHY WOULD YOU LIKE TO TAKE PART IN THIS EVENT FOR ACTIONAID?

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RUNNING INFORMATION (please circle)

- 1. Do you have a medical condition that the organisers should be made aware of? **Y / N**
 - 2. Are you a wheelchair entrant? **Y / N**
 - 3. If you answered yes to the previous question do you wish to compete as?
 - A self-propelled wheelchair entrant? - (Race conducted under IPC rules, see terms and conditions for further information)
 - A self-propelled wheelchair entrant in the main field?
 - An assisted (pushed) wheelchair entrant? (Please Note: for safety reasons assisted wheelchair entrants must assemble at the rear of the field, your assistant / pusher must also be a successful entrant into the event.
 - 4. What is your estimated running time?hrsmins
 - 5. Do you intend to walk the course? **Y / N**
 - 6. Do you have a running partner? **Y / N**
- Friend's Name.....Date of birth (dd/mm/yyyy).....

PARTICIPANT CONDITIONS OF ENTRY

ALL APPLICANTS MUST BE AGED 16 OR OVER ON THE DAY OF THE RACE.

Conditions and race instructions

By entering the race you agree to abide by the Conditions of Entry and any race instructions given to you by the organisers and officials of the BUPA Great North Run 2007.

- 1. ChampionChip:** This event is timed with "ChampionChip" system. The chips are expensive to replace and it is a condition of entry that applicants agree to pay £10 if they lose or do not return their chip within 30 days after the race.
- 2. Entry Fees:** £30 for all UK residents, £36 for all overseas entrants.
- 3. Medical conditions:** It is strongly recommended that you train for the run and prepare for the challenge. If you have not exercised before or for some time, consult your doctor for a check up. If you have a medical condition, please complete the details on the back of your race number.
- 4. Wheelchair entrants:** The race will be staged under IPC rules and all self propelled wheelchair athletes must conform to the BWRA minimal classification race system. It is strongly recommended that only experienced wheelchair racers attempt the race unaided. Assisted wheelchair participants will be allocated a race number to assemble at the rear of the field and must ensure their aid is also entered in the race.
- 5. Race mementos:** Only finishers will receive a commemorative medal, T-shirt and certificate. Race numbers are NOT interchangeable. Non-participants are NOT eligible for event mementos.
- 6. For reasons of safety:** No entries are permissible from people on roller skates, in wheelbarrows, pushchairs, carrying various objects for charity etc.
- 7. No pets, dogs or horses:** Only blind people with a guide dog will be permitted and if we are advised, a position at the rear of the field will be allocated.
- 8. Your name will be added to our mailing list:** So that we can keep you informed about the Great Run Series, sportswear and other Great Run Series events and services. This information may also be made available to other carefully screened organisations to contact you. If you prefer your name not to be included, please write to Entry Co-ordinator, PO Box 1RY, Newcastle Upon Tyne, NE99 1RY.
- 9. Data protection:** The BUPA Great South Run complies with the Data Protection Act 1998 and you have the right of access to your personal records held on our computer.
- 10. Runners Welfare:** By entering the BUPA Great South Run 2007 you agree to allow Great Run and its partners to keep you informed with runners messages that are specific to this event, **including training runs organized in conjunction with this event.** This is to help us and you in our 'respect the challenge' campaign.
- 11. Use of image:** By entering the race you give permission for the free use of your name, voice or picture in any broadcast, telecast, advertising, promotion or other medium at any Great Run/Walk event.
- 12. Race cancellation:** If the event is cancelled or delayed due to unforeseen circumstances we will endeavour to stage the event at a later date. In such circumstances we will try to let you know in writing of the cancellation or delay. Our entire liability in respect of all costs and expenses you may incur as a result of such cancellation or delay will be the entry price you have paid to take part in the event.
- 13. Race numbers:** For safety reasons and primarily for the identification by medical staff we strictly prohibit the swapping (or sale) of race numbers in the BUPA Great South Run 2007. If you are unable to take part we allow you a guaranteed entry into the next year's event through our deferment policy. Details of this are listed below. We are continuing in our mission to organise the world's best, safest and most enjoyable running events and hope you will help us in achieving this. Any runner who is found in breach of these terms and conditions will be excluded from future Great Run events. **Please do not put someone else at risk.**
- 14. Change of address:** If your address details change after you have submitted your application you must notify Great Run with details of your old and new details and date of birth. Contact info@greatrun.org or write to Great Run, P.O. Box 1RY, Newcastle upon Tyne, NE99 1RY.

Entry Policy

Entrants must be at least 16 years of age on 28th October 2007. Consult your bank/credit card statement for initial confirmation of your run entry. Refunds at the discretion of the Charity. All entries are non-transferable to a different participant. Please do not accept sponsorship until your entry has been formally acknowledged.

Deferment Policy

All fees are non-refundable. However a person who has been accepted as an entrant in the 2007 BUPA Great South Run who subsequently decides not to run prior to the event is eligible for a guaranteed place at the standard entry fee in the 2008 BUPA Great South Run. Entrants can only defer their place for a maximum of one year. Once the entrant has committed to deferring their entry they cannot be reinstated into the 2007 event. Your decision is final. All requests to defer entry must be made prior to the event. No deferrals will be made retrospectively.

The following procedures must be adopted when requesting a deferment: Deferment by post will be accepted if the letter is postmarked up to 5 working days before the event. Where the race number and chip timing device have been issued these must be returned with the letter as confirmation of the decision to defer entry. If deferring your entry in person you must bring your letter requesting deferment along with your race number and chip timing device to the BUPA Great South Run customer services tent at the Junior event up until 27th October 2007. The latest time that a deferment will be accepted in person is 3.00pm on 27th October 2007. When deferring your entry until 2008 by post, the letter must clearly state: Name, Address, Date of Birth, Confirmation of deferment and be signed by the entrant. This must be accompanied by the race number and chip timing device if these have been received by the entrant prior to deferment.

The letter should be sent to:

- Great Run Customer Services – Deferment, PO Box 1RY, Newcastle upon Tyne, NE99 1RY

Entrants opting for deferment will be added to a database and will be contacted prior to the opening of entries to the 2008 BUPA Great South Run. They will be given a period of 28 days to commit and pay for the guaranteed place in 2008. Once this time period has passed the offer of the guaranteed place automatically lapses and the race organisers have no further commitment to providing a place to the runner in the 2008 BUPA Great South Run. Transferring the guaranteed place to another person will not be permitted.

Applicants are reminded that running 10 miles, whilst an enjoyable route to fitness and well-being, is a significant physical challenge and if you have not exercised before, or for some time, it is advisable to consult a doctor prior to undertaking an exercise programme.