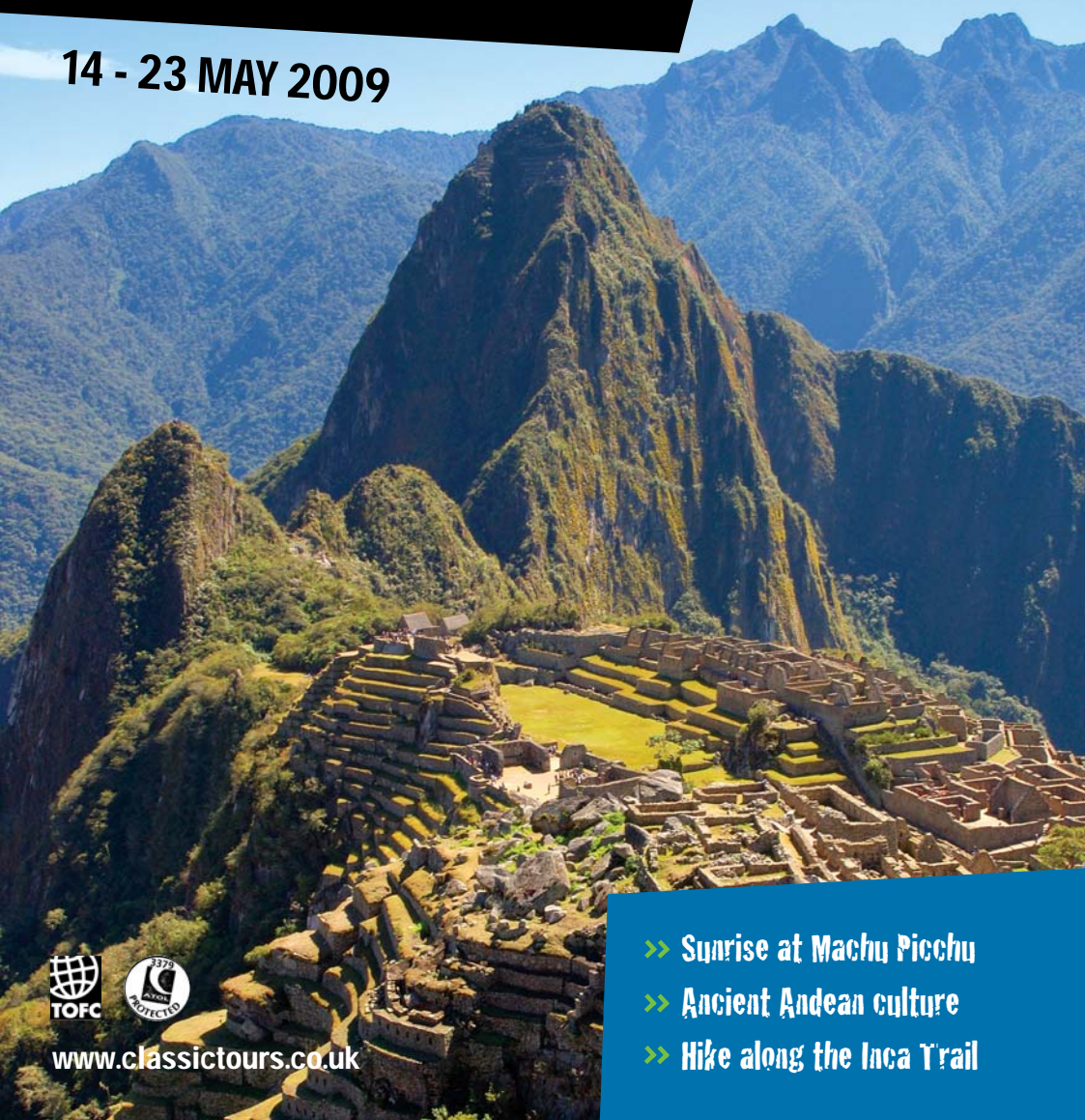


TREK THE INCA TRAIL

14 - 23 MAY 2009



www.classictours.co.uk

- » Sunrise at Machu Picchu
- » Ancient Andean culture
- » Hike along the Inca Trail



The Inca Trail is rated amongst the ten best trekking trails in the world due to its striking beauty, ancient Inca ruins and diverse ecological zones. Our ultimate destination is Machu Picchu - the "Lost City" of the Incas - one of the world's most fascinating and important archaeological finds and one of the New 7 Wonders of the World.

Join us for the trip of a lifetime and raise much needed funds for the charity of your choice!



Hours trekked are approximate and itinerary is subject to change

DAY 1: Fly London – Lima.

DAY 2: Fly Lima – Cusco. Acclimatise in Cusco.

DAY 3: Free day to acclimatise to the altitude or take part in an optional tour, with a warm up hike.

DAY 4: Early start to register on the Trail and start our challenge. Trek past the Inca ruins to reach camp. **4-5 hours**

DAY 5: Steep climb through the cloud to reach Dead Woman's Pass at 4200m. It's a slow ascent as the air becomes thinner, but then we gradually descend to our campsite. **7-8 hours**

DAY 6: A long and difficult day, but the stunning views throughout make it worthwhile. Climb to a small archaeological site and then a gradual descent to the well preserved Inca Ruins at Syaqmarca. **8-10 hours**

DAY 7: 4am start to catch sunrise at Machu Picchu. Time to explore this fantastic site before heading back to Aguas Calientes. **3 hours**

DAY 8: Train back to Cusco and free time for some sightseeing.

DAY 9: Fly Cusco – Lima and catch the overnight flight to Lima – London.

Day 10: Arrive London.



Registration fee - £299

Option 1 – make sponsorship target £2650 (to be set by your chosen charity)

Option 2 – you pay £1300* and raise as much sponsorship as possible

* Tour cost £1599 tour cost (less registration fee) based on a minimum of 30 participants

www.classictours.co.uk

FACTFILE

Raising Sponsorship Money - Register and receive a fundraising pack full of information and ideas. Once you set your mind to it, it's amazing what you can achieve!

Who can take part? - Anyone over 18 years old is welcome as long as you are fit and healthy enough to do the challenge.

Fitness - The event is aimed at people of average fitness who are prepared to put in plenty of training to enable them to meet the challenge. Classic Tours will provide a set of training guidelines to help you on your way. This is a challenging trek at altitude and you will be required to have your medical form signed by your Doctor to take part.

Kit - You will need comfortable walking boots with ankle support and a sleeping bag. A full packing list will be sent to you.

Support on the event - Experienced staff (tour manager, guides, porters and Doctor) will be there to provide help and encouragement whenever you need it.

Accommodation - Camping for 3 nights along the Inca Trail and basic but comfortable hotels for the rest of the event.

Food & Drink - The food will be wholesome, tasty and plentiful. There will be snacks and water available whilst trekking.

Weather - Days are likely to be clear and sunny, around 20°C. It will be colder at night, often below freezing. Showers are possible

Health - Tetanus and Hepatitis A inoculations are suggested. Please consult your GP for professional medical advice.

Staying On - It is possible to stay on in Peru after the challenge, subject to availability. Full details will be sent out nearer the time.



'I climbed heights I didn't think I could, I made new friends, I laughed, I had the time of my life!'

Jane Gilbert, Trek the Inca Trail, 2007.

Visa & Travel Insurance - A visa is not required for British citizens. If you are a non-British citizen please contact Classic Tours for advice. You must be insured to take part - either through a company of your choice or the Classic Tours recommended policy. You will need to provide proof of your insurance 8 weeks prior to the challenge.

What's Provided - Flights to / from Peru, internal flights, accommodation, transfers, full medical support, experienced guides, support staff, water and all meals except lunch on days 3 and 8 and dinner on day 9.

What's Not Provided - Airport taxes, personal travel insurance, meals not included, optional tours, gratuities and spending money.

Responsible Tourism - Classic Tours operates a responsible tourism policy and you can off set your carbon emissions on our website www.classictours.co.uk

**If you have any other questions not answered here please contact Kylie.
Tel 020 7619 0066 ext 208 or
kylie@classictours.co.uk**

Any Questions? Call Kylie on 020 7619 0066 ext 208

A-Z OF FUNDRAISING IDEAS

- A** Auction of Promises
- B** Bring and buy sale, Barbeque, Barn dance
- C** Car boot sale, Cake stall, Coffee morning
- D** Dinner dance, Disco
- E** Expert seminar, Easter egg hunt
- F** Fashion show, Fancy dress party, Football tournament
- G** Guess the weight, Game show, Golf competition
- H** Halloween ball
- I** It's a Knockout
- J** Jumble sale
- K** Karaoke evening
- L** Lunch money, Line dancing
- M** Masked ball, Music quiz, Murder mystery
- N** Non uniform day, New Year's Eve party
- O** Outward bound weekend, Odd jobs
- P** Pancake day
- Q** Quiz night
- R** Raffle, Race night
- S** Sponsored slim, swim, headshave
- T** Treasure hunt, Tombola, Teddy bears picnic
- U** University challenge, Uniform days
- V** Valentine's ball, Variety Show
- W** Wine tasting, Whist drive, Who's that baby?
- X** X-files party, Xmas party or panto
- Y** Your own lotto, Yacht race
- Z** Zany party

NEXT STEPS

1. Speak to the charity for which you'd like to raise funds.
2. Complete and sign the Registration and Medical Form and return to Classic Tours along with the registration fee or sign up online at www.classictours.co.uk
3. Classic Tours will then contact your chosen charity, confirm your place to you, send details on Trek the Inca Trail and set you on your way to fundraising success!

Classic Tours are the originators of worldwide charity challenges and fully bonded under ATOL number 3379. Since 1992 they have helped over 200 UK charities raise in excess of £40 million.

**For further information contact:
Kylie McCabe at Classic Tours
Tel 020 7619 0066 ext 208
kylief@classictours.co.uk
www.classictours.co.uk**



This event is conceived and operated by Classic Tours

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