



REGISTRATION PACK

The following information includes everything you need to register onto this adventurous challenge.
If you have any queries please contact us on the details below.

We hope that you decide to take up the challenge!



SIMIEN MOUNTAIN & RAS DASHEN TREK, ETHIOPIA OPEN CHALLENGE 2008/2009

8 October – 18 October 2008

7 October – 17 October 2009

Choose your challenge ... choose your charity ... choose how to fund your place

	FUNDRAISING OPTION	SELF-PAYMENT OPTION
Registration Fee	<p>£349</p> <p><i>To be paid to Discover Adventure upon registration; is non-refundable & non-transferable, and in addition to the Minimum Fundraising Target and Tour Cost below.</i></p>	<p>£349</p> <p><i>To be paid to Discover Adventure upon registration; is non-refundable & non-transferable, and in addition to the Minimum Fundraising Target and Tour Cost below.</i></p>
Minimum Fundraising Target	<p>£2950</p> <p><i>Your charity must receive this at latest 8 weeks before departure.</i> <i>Discover Adventure is the only tour operator to price Open Challenges so that a high 60% remains with your charity. This is the best deal for your chosen charity!</i></p>	<p>No minimum</p> <p><i>If you fundraise, 100% of your donation remains with your charity. You can make your donation at any time.</i></p>
Tour Cost	<p>£1180</p> <p><i>Invoice sent to <u>your charity</u> 8 weeks before departure providing they have received your Minimum Fundraising Target</i></p>	<p>£1180</p> <p><i>Invoice sent to <u>you</u> 8 weeks before departure</i></p>

All costs are based on a minimum of 10 participants and will include:

- all transport from Heathrow to Gonder return
- all food (other than two meals) & accommodation
- backup to carry luggage, equipment & food on the trail
- Discover Adventure leaders & doctor (if group numbers are over 16 participants), local guides, cooks etc.
- costs as above (inclusive of VAT if applicable) per participant provided that there are at least 10 participants per event.

It does not include:

- 2 meals including celebration meal at end of trip
- sleeping bag & sleeping mat
- travel insurance
- airport departure tax when applicable
- personal spending
- fuel surcharge (set by airline, not controllable by Discover Adventure. Amount will be confirmed at time of final invoice – approx £50-£90) for further information please contact Discover Adventure

**ALL OUR OPEN CHALLENGES ARE ADVENTUROUS AND CHALLENGING
BUT ACHIEVABLE PROVIDED YOU TRAIN WELL IN ADVANCE!**

Discover Adventure Ltd, Throope Down House, Blandford Road, Coombe Bissett, Salisbury, SP5 4LN
Tel: 01722 718444, Fax: 01722 718445, info@discoveradventure.com, www.discoveradventure.com

ETHIOPIA

Simien Mountain & Ras Dashen Trek

OPEN CHALLENGE ITINERARY

11 days / 10 nights

Depart: London – Addis Ababa

Return: Addis Ababa – London

INTRODUCTION

The Simien Mountains form one of Africa's largest mountain ranges and are one of the most spectacular. With many of the peaks rising above 4000m, they make an awesome sight and contain Ethiopia's highest mountain – and the fourth highest in Africa – Ras Dashen, standing majestically at 4620m.



Our trek takes us through the Simien Mountain National Park, an area abundant with flora and fauna, fertile cultivated terraces and vibrant hillside villages. Our ultimate goal is the summit of Ras Dashen - the spectacular 360° views from the top will take your breath away.

This is a tough and challenging trek but the beauty of the countryside, the diversity of the wildlife and exotic plants, and the friendliness of the local people will be something you will take away with you for a long time to come.

ITINERARY

Day 1: Leave London for Addis Ababa International Airport, approx ten hours' flying time.

Day 2: Addis Ababa – Gonder

We arrive early morning and, after completing formalities, take a short internal flight to Gonder, gateway to the



Simien Mountain National Park. After time to freshen up and relax we meet for dinner and an evening briefing before preparing for the start of our trek.

Day 3: Gonder – Buyit Rass – Sankaber (3200m)

After an early breakfast, we drive (approx 3 hours) to the bustling town of Debarq, and enter the Simien



Mountain National Park. Now on foot, we set off around the cliff face high on the plateau and glimpse the spectacular backdrop of the Simien Mountains for the first time. We are likely to encounter gelada baboons, endemic to Ethiopia, and the noisy wattled ibis.

Camp Sankaber (3200m).

Walk approx: 5 hours

Day 4: Sankaber – Geech (3600m)

A hearty breakfast sets us on our way as we head towards Geech abyss and the stunning Jin Bahir Falls. Dropping down to the viewpoint perched on a rocky spur opposite the falls, we enjoy a great view as the Jin Bahir river plunges over the cliff into the 1000m drop below. Leaving the falls, we have a sharp climb to rejoin the road before veering off into the valley and crossing the Jin Bahir River further upstream. The final stage of the day follows well-walked paths through cultivated terraces towards Geech village and our campsite nestled high above the village. Camp Geech (3600m.)

Walk approx: 6 - 7 hours

Day 5: Geech – Mietgogo – Chenek (3600m)

Leaving camp, we set off on a steady climb across open moorland towards

Mietgogo, a rocky outcrop perched high above the canyons. The cliffs drop away 1500m below us, but the 360 degree views of the surrounding area are fabulous! Retracing our steps, we head east and drop down until we are just above the source of the river. We then commence the steady climb to Inatye crest (4090m), following the path over the top and down around the mountain, descending nearly 500m to our campsite. We should be there in time to watch the usually-spectacular sunset over the cliffs around Chenek. Camp Chenek (3600m.)

Walk approx: 9 hours

Day 6: Chenek – Ambikwa (3400m)

The cliffs around Chenek are the only known habitat for the walia ibex in the world. The need to protect their environment was the main justification for making this area a protected National Park. Keep your eyes peeled for them as we ascend through the valley from Chenek,



skirting around the side of Mount Bwahit. We climb to around 4200m before leaving the confines of the Park and dropping down into the next valley, heading east towards Ambikwa. We drop over 1000m in elevation to the valley bottom before crossing the river and climbing back uphill towards our campsite.

Camp Ambikwa (3400m.)

Walk approx: 8 hours



Day 7: Ambikwa – Ras Dashen (4620m) – Ambikwa

A hearty breakfast of porridge sets us on our way to the summit of Ras Dashen, the highest mountain in Ethiopia. A steep climb out of the valley takes us over the ridge and into easier flatter terrain as we traverse the ridges around the mountain and pass under spectacular rocky cliff faces. Another steep push finally brings us to the flatter side of Ras Dashen, and round to the bottom of the rocky outcrop just below the summit. A final scramble brings us to the top at 4620m. Awe-inspiring views stretching in every direction will take your breath away, if the altitude hasn't already! We return to Ambikwa the way we came, with a rigorous descent in the last two hours back to our campsite at Ambikwa (3400m.)

Walk approx: 10 – 12 hours



Day 8: Ambikwa – Chenek

Retracing our steps, we climb back towards Chenek, dropping down into the valley to camp, where we can indulge in a few freshly-delivered beers to celebrate our achievement. Tired but elated we enjoy our final night under canvas. Camp Chenek (3600m.)

Walk approx: 9 hours

Day 9: Chenek – Gonder

We transfer by bus back to Gonder and our awaiting hotel. After checking in there will be an opportunity to explore Gonder and its markets. The 17th Century Royal Enclosure, a walled compound of castles and buildings, is well worth a visit if you have time. We meet up in the evening for a well earned celebration meal. Night hotel. (Dinner not included)

Transfer 5 – 6 hours

Day 10: Gonder – Addis Ababa

Free time in Gonder for some last-minute shopping or relaxing, before our flight to Addis Ababa and our onward evening flight for London.

(Lunch not included)

Day 11: Arrive UK

GENERAL INFORMATION

Tour Cost

The tour cost includes all flights and accommodation, private transport to and from the National Park, park entry fees, local porters, guides and cook, and all meals except one dinner and one lunch.

It does not include entry visa (\$37 at time of writing), insurance, meals as above, and international departure tax (currently \$20). A maximum of £100 – £150 is recommended for personal expenses.

Flights

Group flights leave from London Heathrow and are booked by Discover Adventure Ltd ATOL 5636.

This itinerary is based on flight schedules with Ethiopian Airlines and may be subject to change if flight schedules change.



Food and Accommodation

Breakfasts are included when in hotels, and all meals whilst camping. One dinner and one lunch are not included when you are in towns. The food is good and there is plenty of it!

Passport, Visa and Vaccinations

A valid ten-year passport with at least one year to run is essential. A visa is required for entry into Ethiopia; it

currently costs \$20 for a single entry visa and is available at the airport in Addis Ababa on arrival. You can also obtain it in advance; we will advise on



the best way to obtain it approx 3 months before departure.

We insist that you have had a tetanus injection in the last ten years and highly recommend protection against polio, hepatitis A and typhoid. A yellow fever injection is also required and you may be asked to show your vaccination

document on entry. Malaria is not found in Addis Ababa or at the elevations we trek at in the mountains, so we do not recommend protection against malaria unless you are planning to extend your stay in Ethiopia. However you should always contact your GP or travel clinic for the

latest information as world health situations do frequently change.



Weather

October – December is the best time to visit the Simien Mountains: it is

drier but slightly cooler. June – September is rainy season; when it ends the flowers are spectacular. At other times the weather is equatorial and very pleasant, but nights can be chilly at the higher campsites. In the mountains the weather can change frequently and you should be prepared. Altitude has a great effect on temperatures and it will get cooler as you climb higher. It will also be cold at night, sometimes below freezing.



Min/max temperatures and average number of rainy days per month in Addis Ababa:

Oct – Dec:	5 – 24°C; 3
Jan – Feb:	6 – 24°C; 5
March:	9 – 25°C; 9

TREKKING INFORMATION

This is a challenging trek! You will need a good standard of equipment and clothing to enjoy this trek.

This trek is tough mainly because of the altitude at which we are trekking. It is impossible to predict who will be affected by altitude and how it will affect them. Early symptoms include headaches, nausea, suppression of appetite and general lethargy. Where someone is suffering



from more serious symptoms it may be necessary to walk them back down the mountain.

Terrain is varied with trekking along well trodden local paths, steep escarpments, rocky trails and light scrambling in places.

Most of the walking is rough underfoot.

Vehicles take the group to the start of the trek and pick us up

at the end. Mules will carry all the luggage, food, water and camping equipment.



You will need a good daypack for items required during the day.

This is an adventurous trek in a remote area. Discover Adventure reserve the right to change the route in cases such as adverse weather conditions, wildlife movements, park restrictions and the ability of the group.

Please contact us with any questions:

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Registration Form



To help us save paper, please complete your trip registration online: www.discoveradventure.com

If you prefer not to register online, please complete the form below in **BLOCK capitals**:

Ethiopia – Simien Mountain Trek Open Challenge

Trip Departure Date: 2008 / 2009 (circle as appropriate)

PAYMENT OPTIONS

If you plan to fundraise, regardless of which Payment Option you are taking, we are obliged to let your charity know. They may wish to contact you themselves to give you help and advice, and to ensure you are fundraising within their guidelines.

Please complete the below section carefully and in full to help us to confirm your place as quickly as possible.

Please tick **one** option below as appropriate:

FUNDRAISING OPTION

I will be raising money for:

Charity Name: Tel No:

Charity Address:
.....

Contact Name (if you've already contacted charity):

PAYMENT OPTION

I will pay my own tour cost and am not raising money for a charity

I will pay my own tour cost but still intend to raise money for:

Charity Name: Tel No:

Charity Address:
.....

Contact Name (if you've already contacted charity):

1. Personal Details

Title: Forename: Surname:

Name by which you like to be known: Gender: M / F

Address:
.....

Postcode: Home Tel: Work Tel:

Mobile: E-mail:

I agree to my contact details being given to my fellow challenge participants: Y / N

T-shirt size: S (38") M (42") L (46") XL (50") 2XL (52")

2. Dietary Requirements

Do you have any special dietary requirements / food allergies? Y / N

Nut allergy

Gluten Free

Vegetarian

Other

3. Passport Details*

Please send a photocopy of the photo page of your passport with this registration form

Name (as it appears on Passport):

Date of Birth: Age at time of Challenge:

Passport No: Place of Birth:

Issue Date: Expiry Date: Place of Issue:

Nationality: Occupation:

*Please note that your passport must be valid for at least 6 months after your return. If you do not currently have a valid passport, please send us this registration form and forward your new passport details through as soon as they are confirmed.

4. Next of Kin/Emergency Contact*

Name: Relationship:

Address:

..... Postcode:

Daytime Tel: Evening Tel: Mobile Tel:

*Please give details of the person you would like us to contact in case of emergency. This should not be someone who will be on the challenge with you.

5. Accommodation

Accommodation will be shared (usually twin-bedded) single sex rooms/tents. Please let us know if there is somebody else on the trip you would like to share with. We will try our best to accommodate your request.

Share with

6. Registration Payment

The registration fee for my chosen challenge is £ 349.00

NB: This is non-refundable and is used as deposits for flights/ground costs on your behalf. The registration fee is not included the amounts given for fundraising target or tour cost.

Payment can be by cheque made payable to 'Discover Adventure Ltd' or simply fill in your credit or debit card details below.

Card Type: DELTA / SWITCH / VISA / MASTERCARD (Delete as applicable)

Card No: 3-digit security number:

Valid Date: / Expiry Date: / Issue No: (Switch Only)

NB: All fundraising monies must be paid to the charity you are supporting.

Declaration and Registration

I confirm that all of the information provided by me on this form is to the best of my knowledge true and correct. I understand that if any of the information provided by me on the form is found to be false, I risk losing my place on the Discover Adventure Challenge.

By signing this form I agree with the Open Challenge Agreement (enclosed in this pack).

Signed

Date

Please return this form to Discover Adventure at the address below and ensure you have also enclosed the following:
Without these we regret we cannot confirm your place on the trip.

Registration Fee

Completed Medical form

Photocopy of the photo page of your passport

DISCOVER ADVENTURE LTD

MEDICAL QUESTIONNAIRE

ETHIOPIA, SIMIEN MOUNTAIN TREK OPEN CHALLENGE 2008/2009

(In confidence when complete)

Please complete and return with your registration form to Discover Adventure. This forms part of your trip registration.

It is for your own safety that we find out as much as possible about your medical history, to ensure that you can cope with the rigours of the trek.

Your answers will be treated in the strictest confidence and will not necessarily adversely affect your chance to take part. Any decisions will be made in consultation with you. The information you supply will only be disclosed to Discover Adventure Ltd, the charity you are supporting and medical staff employed by the tour operator for the event. It is one of the conditions of your registration that you give full and accurate details.

A. PERSONAL DETAILS

NAME: TRIP DEPARTURE DATE:
 DATE OF BIRTH: AGE WHEN ON TRIP:
 HEIGHT: WEIGHT:
 TEL NO (HOME) TEL NO (WORK)

B. MEDICAL HISTORY

1. Do you suffer, or have you ever suffered from:-

(please circle)

Heart trouble and/or blood pressure problems?	YES/NO
Asthma, Bronchitis and /or shortness of breath?	YES/NO
Diabetes?	YES/NO
Epilepsy and/or fainting attacks?	YES/NO
Migraine?	YES/NO
Severe Head Injury?	YES/NO
Cancer?	YES/NO
Back Problems?	YES/NO
Allergies?	YES/NO
Fractures, Tendon, Ligament/Cartilage damage?	YES/NO
Physical or other disability?	YES/NO
Psychiatric or mental illness?	YES/NO
Have you been hospitalised within the last 2 years?	YES/NO
Are you suffering from or a carrier of any infectious diseases?	YES/NO
Are you registered as disabled?	YES/NO
Any other serious illness?	YES/NO

2. If you have answered yes to any questions above, please give further details below or on a separate sheet:

.....

3. Do you regularly and/or currently use any form of medication? If so please give details below:

.....

4. Do you have any specific dietary requirements? If so, please give details below:

.....

5. Have you ever suffered from asthma? If so,

- a) When was the last time you needed hospital treatment?
- b) When was the last time you needed steroid tablets?
- c) What medication/inhalers do you use?

IMPORTANT – PLEASE READ CAREFULLY BEFORE SIGNING

- In the event of an accident or illness whilst on the trip, I hereby give permission for Discover Adventure Ltd. to initiate medical treatment and to inform my next of kin/emergency contact (as detailed on my application form) if appropriate.
- To the best of my knowledge I confirm that my mental and physical health and fitness is good and that the information I have provided in this questionnaire is a true and accurate description of my medical history and current condition. I understand that by giving false information I endanger both my own safety and that of others on the trip. I agree to take with me sufficient supplies of medication needed for my current medical condition and for any condition which I have had previously which may reasonably be expected to re-occur.
- I agree that Discover Adventure Ltd. or medical staff employed by them may approach my GP to verify the information on this form and attain some further details as they think necessary and that my GP may release such information to them.
- I understand that Discover Adventure Ltd. cannot accept any liability or expenses resulting from any illness, injury or other untoward occurrence arising from any undisclosed medical condition (other than to the extent that death or personal injury arises as a result of its negligence). I also understand that failure to disclose a pre-existing medical condition could invalidate my travel insurance and that I am responsible for declaring any pre-existing medical conditions directly to the insurance company prior to departure.
- I confirm that I will immediately inform Discover Adventure Ltd. of any change to the information I have provided on this medical questionnaire.

SIGNED: **DATE:**

RETURNING THIS MEDICAL FORM IS PART OF YOUR REGISTRATION

This section only needs to be completed if you are over 65 OR have answered 'YES' to any of the questions on the medical form:-

MEDICAL FORM TO BE COMPLETED BY THE FAMILY DOCTOR/PHYSICIAN WHO HAS ACCESS TO THE PATIENT'S MEDICAL HISTORY.

The person named overleaf will be participating in a charity fundraising trek of 11 days duration, during which time he/she will be subject to basic camping and living conditions. The demands in more detail will involve trekking for up to 8 hours per day for 6 days over some rough terrain and will involve extremes of temperatures, climate, and altitude. Participants will be camping, which may involve basic facilities such as long drop toilets and primitive washing facilities. The food will be cooked on gas burners. Discover Adventure Ltd will provide a first aid trained leader or doctor (depending on group size) for each trip to give immediate first aid and ensure high hygiene standards are taught and maintained. The event may be a considerable distance from any hospital back up.

With the above information, if there is any matter of which you feel that Discover Adventure Ltd should be aware, please supply details on a separate sheet. If you require any further details please call Discover Adventure Ltd on 01722 718444.

I have read the above paragraph and agree that the participant's medical details are correct. In my opinion this patient is currently fit and healthy both mentally and physically, and able to participate in the event.

Doctor's Signature: Date:

Doctor's Name (Block Capitals Please)

Address:

.....

**DOCTORS STAMP &
GMC NUMBER**

Open Challenge Agreement

The terms and conditions set out below form the basis of your relationship with Discover Adventure Limited ("DAL") of Throope Down House, Blandford Road, Coombe Bissett, Salisbury Wiltshire, SP5 4LN and the Charity for whom you have chosen to raise funds ("the Charity"). Please read them carefully as they set out each party's respective rights and obligations. All bookings are subject to the following terms and conditions.

Background

DAL facilitates the raising of funds for charities by providing adventure trips. Persons wishing to raise monies for the charities concerned must raise at least the minimum sponsorship monies applicable for their chosen trip. The cost of the trip is paid to DAL out of the sponsorship monies raised and the remaining sponsorship monies are kept by the charity concerned.

All parties agree the following:

Definitions.

1. In this Agreement, the following words shall have the following meanings unless the context otherwise requires:-

- (i) "this Agreement" means this Agreement including all schedules, appendices, amendments and additions.
- (ii) "the Trip" means the inclusive arrangements, flights, accommodation, car hire and all other products and services provided by DAL pursuant to this Agreement.
- (iii) "the Organiser" means the organiser as defined by the Package Travel, Package Holidays and Package Tours Regulations 1992 (Statutory Instrument 1992 No. 3288) and any amendment or re-enactment of the same and all other legislation implementing the EC Directive on Package Travel, Package Holidays and Package Tours (Council Directive 90/314/EEC).
- (iv) "the Registration Fee" means the registration fee payable to DAL for the Trip. This is payable in addition to the Fund Raising Target.
- (v) "the Fund Raising Target" means the minimum amount of money that you must raise in order to take part in the Trip.
- (vi) "the Trip Cost" means the cost of the Trip due to the Organiser which forms part of the Fund Raising Target.
- (vii) "you" and "your" means the participant named on DAL's registration form.

Section A

Who organises the Trip?

1. DAL is the Organiser of the Trip. Your contract for the Trip is with DAL. Please note DAL's responsibilities are limited to the provision of the Trip in accordance with this Agreement. Except in relation to monies paid to the Charity and held by them on DAL's behalf in accordance with clause 2.5, DAL has no responsibility for any payments made to the Charity or for any act(s) or omission(s) of the Charity.

What is the Payment Timetable?

- 2.1 (i) You must pay the Registration Fee direct to DAL at the time of booking.
- (ii) You must pay the Fund Raising Target direct to the Charity no less than 8 weeks prior to the commencement of the Trip.
- (iii) The Charity shall pay the Trip Cost to DAL no less than 8 weeks prior to the commencement of the Trip provided the Charity has received sufficient amounts to cover the Trip Cost from you.
- (iv) If you wish to pay the Trip Cost yourself (as opposed to this being paid for by the Charity out of the Fund Raising Target) you can do so. In this case the Trip Cost must be paid directly to DAL no less than 8 weeks prior to the commencement of the Trip.

2.2 If you wish to purchase the insurance offered by DAL all applicable premiums must be paid as soon as possible as cover is not effective until these have been paid. Please see clause 8.

2.3 Credit Card payments: No credit card fee will be charged when paying the Registration Fee. A fee of 2% will be charged on all other credit card payments made to DAL (for example the Trip Cost.) Credit card charges on payments made to the Charity are at the discretion of the Charity.

2.4 Except for flight inclusive bookings, all monies you pay to the Charity (if any) up to the full amount of the Trip Cost prior to DAL issuing its confirmation invoice will be held by the Charity on your behalf until DAL issues the confirmation invoice. After that point, the Charity will hold such monies on DAL's behalf. For flight inclusive bookings, all monies paid to the Charity up to the full amount of the Trip Cost will be held on DAL's behalf until they are paid to DAL or refunded to you. Please note: this clause only applies to monies paid to the Charity up to the full amount of the Trip Cost. Monies paid to the Charity over and above the Trip Cost belong to the Charity.

What happens if I fail to pay all monies on time?

3.1 If DAL or the Charity (as applicable) do not receive all payments due from you (including any surcharge where applicable) in full and on time, DAL is entitled to assume that you wish to cancel your booking. This includes the full Fund Raising Target which must be paid to the Charity in full no less than 8 weeks before the commencement of the Trip. In this case, DAL will be entitled to keep the Registration Fee paid or due at that date. If DAL does not cancel straight away because you have promised to make payment, you must pay the cancellation charges shown in clause 14 depending on the date DAL reasonably treats your booking as cancelled.

What are your responsibilities?

4.1 You must not do anything or fail to do anything which is reasonably likely to bring the Charity and/or DAL into disrepute whether before during or after the Trip.

4.2 You must ensure that all information you give DAL and/or the Charity including all information provided on DAL's registration and insurance forms and medical questionnaire is complete, true and accurate. If you fail to do so, DAL and/or the Charity

shall be entitled to cancel your booking and DAL shall be entitled to keep the Registration Fee you have paid. Depending on the date when DAL and/or the Charity discover that you have failed to comply with the provisions of this clause DAL will also be entitled to charge the cancellation fees set out in clause 14. See also section headed "DAL's Liability."

What happens to the information I provide?

5. Where necessary DAL provides the personal information given by you to the various suppliers who provide each element of the Trip (for example airlines). DAL also provides this information to other bodies such as credit card and insurance companies who need to know them in order that payments can be processed and cover provided (where applicable). Personal information shall also be provided to the Charity for whom you are raising funds. DAL will also use your personal details in order to send you further information regarding DAL (for example DAL's brochure.) If you do not wish DAL to use your details in this way, please let them know.

Section B

How do I Book?

1.1 You must complete and sign DAL's registration form, the medical questionnaire and appropriate insurance form and return with the appropriate payments as set out in Section A at the time of booking. You must be at least 18 when the booking is made.

1.2 If you have made a booking by telephone using your credit card, you must send DAL a signed registration form, appropriate insurance form and medical questionnaire within 10 days of the booking having been made. If DAL does not receive your signed registration form within this time period, DAL will not issue you with a confirmation invoice, your booking will be cancelled and any Registration Fee you have paid will be refunded to you. DAL and the Charity will have no further liability towards you.

When will the Trip be confirmed?

2.1 Once DAL has received your registration, appropriate insurance form and medical questionnaire and all appropriate payments, DAL will, subject to availability, confirm the Trip by issuing a confirmation invoice. Please check this invoice carefully as soon as you receive it. You must contact DAL immediately if any information which appears on the confirmation or any other document appears to be incorrect or incomplete as it may not be possible to make changes later.

When does my contract for the Trip come into existence?

3. A binding contract between you and DAL comes into existence when DAL despatches its confirmation invoice to you. You agree that English Law (and no other) will apply to your contract and to any dispute, claim or other matter of any description which arises between you and DAL (except as set out below). You also agree that any dispute, claim or other matter of any description (and whether or not involving any personal injury) which arises between you and DAL must be dealt with by the Courts of England and Wales only unless, in the case of Court proceedings, you live in Scotland or Northern Ireland. In this case, proceedings must either be brought in the Courts of your home country or those of England and Wales. If proceedings are brought in Scotland or Northern Ireland, you may choose to have your contract and any dispute, claim or other matter of any description which arises between you and DAL governed by the law of Scotland/Northern Ireland as applicable (but if you do not so choose, English law will apply).

What about Minimum Numbers?

4. Please note that each Trip has a minimum number of participants required for its operation. As a result DAL reserves the right to cancel a specific departure due to insufficient numbers up to 56 days prior to departure. In the circumstances you will be offered an alternative trip (which may involve an additional payment) or a complete refund (see options 5b and 5c under "Itinerary" below).

Itinerary

5. DAL starts planning the trips it offers many months in advance. Occasionally, DAL has to make changes to and correct errors in the brochure and other details both before and after bookings have been confirmed and cancel confirmed bookings. Whilst DAL always endeavours to avoid changes and cancellations, DAL must reserve the right to do so.

Most changes are minor. Occasionally, DAL has to make a "significant change". A significant change is a change made before departure which, taking account of the information you give DAL at the time of booking and which DAL can reasonably be expected to know as the Organiser, DAL can reasonably expect to have a major effect on the Trip. Significant changes are likely to include the following changes when made before departure; a change of accommodation area for the whole or a major part of the time you are away, a change of outward departure time or overall length of time you are away of twelve or more hours, a change of UK departure point to one which is more inconvenient for you and, in the case of tours, a significant change of itinerary missing out one or more major destination substantially or altogether.

If DAL has to make a significant change or cancel, DAL will tell you as soon as possible. If there is time to do so before departure, DAL will offer you the choice of the following options:-

- (a) (for significant changes) accepting the changed arrangements
- (b) purchasing an alternative trip from DAL, of a similar standard to that originally booked if available. DAL will offer you at least one alternative trip of equivalent or higher standard which will not cost any more than the Trip Cost. If this trip is in fact cheaper than the original one, DAL will refund the price difference to you (if you have paid the Trip Cost to DAL directly yourself) or the Charity (if DAL have received the Trip Cost from the Charity). If you do not wish to accept the trip DAL specifically offers you, you may choose any of DAL's other then available trips. The price of these may be higher or lower than the Trip and will be payable.
- (c) cancelling or accepting the cancellation in which case you will receive a full and quick refund of all monies (including the Registration Fee) you have paid directly to DAL. Please note: where the Charity has paid the Trip Cost to DAL,

DAL will refund that Trip Cost to the Charity (See "Refunds and Compensation" below.)

Please note, the above options are not available where any change made is a minor one.

If DAL has to make a significant change or cancel, DAL will as a minimum where compensation is due pay you reasonable compensation payments depending on the circumstances and when the significant change or cancellation is notified to you subject to the following exceptions. Compensation will not be payable and no liability beyond offering the above mentioned choices can be accepted where DAL are forced to make a change or cancel as a result of unusual and unforeseeable circumstances beyond DAL's control, the consequences of which DAL could not have avoided even with all due care or where DAL is forced to cancel due to the minimum number of participants required for the Trip not being reached. No compensation will be payable and the above options will not be available if DAL cancels as a result of your failure to comply with any requirement of these booking conditions entitling DAL or the Charity to cancel (such as paying on time) or if the change made is a minor one. A minor change is any change which, taking account of the information you have given DAL at the time of booking or which DAL can reasonably be expected to know as the Organiser, DAL could not reasonably expect to have a significant effect on the Trip.

Very rarely, DAL may be forced by "force majeure" (see "DAL's Liability" below) to change or terminate the Trip after departure but before the scheduled end of your time away. This is extremely unlikely but if this situation does occur, DAL regret it will be unable to make any refunds (unless we obtain any refunds from its suppliers), pay you any compensation or meet any costs or expenses you incur as a result.

Challenge Participation and responsibility

6. The Trip may involve hazards which are inherent to the activities involved in it. These inherent hazards increase the risk to participants of personal injury, death, illness, and/or loss or damage to property. By making your booking with DAL you acknowledge and accept the inherent hazards involved in the Trip. Except as set out in this Agreement, DAL cannot accept any liability for any personal injury, death, illness, loss or damage to property or any other loss or damage you incur as a result your participation in the Trip. Helmets when cycling or safety equipment supplied for all other activities must be worn correctly at all times.

What about Flight delays?

7. DAL regrets it is not in a position to offer you any assistance in the event of delay at your outward or homeward point of departure. Any airline concerned may however provide refreshments etc. DAL cannot accept liability for any delay which is due to any of the reasons set out in "DAL's liability" (which includes the behaviour of any passenger(s) on the flight who, for example, fails to check in or board on time).

Do I need Travel Insurance?

8. Travel insurance, including cover for baggage, is mandatory for all clients whilst on a tour organised by the DAL. Other than liability arising from negligence in respect of death or personal injury caused by DAL or its staff, you travel, together with your personal property including baggage, solely at your own risk at all times. You are wholly responsible for arranging your own insurance and if you join the tour without adequate insurance you may not be permitted to continue, with no right of refund. If you choose not to take out DAL's specially arranged Travel/Cancellation insurance you are responsible for ensuring that you have adequate private travel insurance, with protection for the full duration of the tour in respect of at least medical expenses, injury, death, repatriation, cancellation and curtailment. If you make your own arrangements you should ensure that there are no exclusion clauses limiting protection for the type of activities included in the tour. You must satisfy yourself that any travel insurance arranged through DAL meets your requirements and you should arrange supplementary insurance if need be. Any claims concerning matters for which you are required to be or are insured must be directed to your insurers. You will be deemed to have read the insurance cover. All participants are personally responsible for informing insurance companies of any pre-existing conditions.

Do you require Medical Details?

9. DAL requires a completed medical questionnaire from each participant. If you are aged over 65 years of age or if you have any medical condition that could be adversely affected by exercise, particularly a heart condition or asthma, you must provide DAL with a medical certificate from your doctor. See also Section A clause 4.2 above.

What if I have a Complaint?

10. Should you have a complaint about any part of the Trip, you must tell both the relevant supplier and the tour leader at the time. It is only if DAL and the relevant supplier know about problems that there will be the opportunity to put things right. Any complaints must be communicated to the tour leader in writing immediately while on tour and to the office no later than 28 days after the return of the tour.

Will the Price of the Trip increase?

11. DAL reserves the right to make changes to and correct errors in advertised prices at any time before your holiday is confirmed. DAL will advise you of any error of which DAL are aware and of the then applicable price at the time of booking.

Once the Trip Cost has been confirmed at the time of booking, DAL will only increase it in the following circumstances. Price increases after booking will be passed on by way of a surcharge. A surcharge will be payable, subject to the conditions set out in this clause, if DAL's costs increase as a result of transportation costs (e.g. fuel, scheduled airfares and any other airline surcharges) which are part of the contract between airlines (and their agents) and the Organiser or dues, taxes or fees payable for services such as landing taxes or embarkation or disembarkation fees at or airports increasing or DAL's costs increase as a result of any changes in the exchange rates which have been used to calculate the cost of the Trip.

Even in the above cases, only if the amount of the increase in DAL's costs exceeds 2% of the Trip Cost (excluding insurance premiums and any amendment charges), will DAL

levy a surcharge. If any surcharge is greater than 10% of the Trip Cost (excluding insurance premiums and any amendment charges), you will be entitled to cancel your booking and receive a full refund of the Registration Fee and the Trip Cost if you have paid these directly to DAL. DAL does not refund amendment charges. If DAL have received the Trip Cost from the Charity, this will be refunded to the Charity. Alternatively you purchase another trip from DAL as referred to in "Itinerary" above. Please note that travel arrangements are not always purchased in local currency and some apparent changes have no impact on the price of your travel due to contractual and other protection in place.

You have 14 days from the issue date printed on the surcharge invoice to tell us if you want to cancel or purchase another trip. If you do not tell DAL that you wish to do so within this period of time, DAL are entitled to assume that you will pay the surcharge. Any surcharge must be paid with the balance of the cost of the Trip or within 14 days of the issue date printed on the surcharge invoice, whichever is the later.

DAL promises not to levy a surcharge within 30 days of the start of the Trip.

Please note, changes and errors occasionally occur. You must check the price of your chosen Trip at the time of booking.

The Trip Cost is based on the exchange rate £1 = \$1.5425 as of 3 April 2003.

Equipment

12. Clients taking their own equipment and bike on tour are responsible for any charges for transportation levied by the airline including excess baggage.

Participants

13. DAL and/or the Charity reserve the right on reasonable grounds to refuse participation to anyone at any time without having to disclose the reason. Your entitlement to participate depends on our being satisfied that there are no circumstances under which DAL ought properly to decline your participation. DAL's decision on your participation shall be final and binding. DAL however will not exercise this right without having clear grounds to do so. In any circumstances where DAL decides that you may not participate your Registration Fee and insurance premium will be refunded to you in full.

When you book with DAL, you accept responsibility for any damage or loss caused by you. Full payment for any such damage or loss must be paid direct at the time to the accommodation owner or manager or other supplier. If you fail to do so, you will be responsible for meeting any claims subsequently made against DAL (together with DAL's own and the other party's full legal costs) as a result of your actions.

What if I want to cancel?

14. If you wish to cancel, DAL must receive notice in writing from you and from your chosen Charity. Effective date of cancellation will be taken from the date such notice is received. Cancellation fees after registration has been made are as follows. Please note Registration Fees, amendment fees and insurance premiums are not refundable in the event that you cancel.

Period before departure written notice of cancellation is received by us	Cancellation Charge
More than 56 days prior to departure	loss of Registration Fee only
56-29 days prior to departure	50% of the Trip Cost
28-15 days prior to departure	75% of the Trip Cost
14-0 days prior to departure	100% of the Trip Cost

If you have paid the Trip Cost directly to DAL

If you cancel your booking, the cancellation charges referred to above will apply. You will receive a refund of any monies paid by you directly to DAL relating to the Trip Cost after deduction of the cancellation charges set out above.

If the Charity has paid the Trip Cost to DAL.

If you cancel your booking, the cancellation charges referred to above will apply. DAL shall refund to the Charity any monies relating to the Trip Cost paid by it to DAL after deduction of the cancellation charges set out above. You agree that the Charity shall be entitled to keep any such refunded monies and shall not be obliged to pay them to you.

If cancellation occurs in circumstances where recovery of cancellation charges is indemnified under your travel insurance, you hereby agree that you will co-operate in the recovery of these charges from the insurers and any sums recovered under the policy will again be paid to the Charity.

With regards to any monies paid to the Charity over and above the Trip Cost, no refund of these will be payable to you in the event of your cancellation of your booking as these monies were raised for charitable purposes.

What if I want to make amendments?

Should you wish to make any changes to your confirmed booking, you must notify DAL and the Charity in writing as soon as possible. Whilst DAL will endeavour to assist, DAL cannot guarantee it will be able to meet any such requests. Where DAL can, an amendment fee of £55 per person/per booking will be payable together with any costs incurred by ourselves and any costs or charges incurred or imposed by any of DAL's suppliers.

Passport, vaccinations and visas

15. You are responsible for arranging, and must be in possession of, a valid passport and any visas and vaccination certificates required for the whole of your journey. Information given by DAL about these matters or related items (climate, clothing, baggage, personal gear etc) is given in good faith but requirements may change and you must check the up to date position in good time before departure. It is your responsibility to obtain any necessary vaccinations for your tour and to do so well before the departure date.

Registration form

16. Signing your registration form signifies your agreement to abide by the authority of the leader, who represents Discover Adventure Ltd. The decision of the leader as to the conduct, itinerary and objectives of the tour is final. If in the opinion of the leader, your behaviour or physical condition is detrimental to the safety, welfare and well-being of the group as a whole or that your general well-being will be put at risk by continuing with the Open Challenge, you may be asked to leave the tour without the right to any refund for unused services.

Consumer protection

17. The air inclusive open challenge events are ATOL protected, since DAL holds an Air Travel Organisers Licence granted by the Civil Aviation Authority. DAL's ATOL number is 5636. In the unlikely event of DAL's insolvency the CAA will ensure that you are not left stranded abroad and will arrange to refund any money you have paid to DAL for an advanced booking. For further information visit their web site at www.atol.co.uk.

DAL's Liability

18. (1) DAL promises to make sure that the Trip arrangements DAL has agreed to make, perform or provide as applicable as part of its contract with you are made, performed or provided with reasonable skill and care. This means that, subject to these booking conditions, DAL will accept responsibility if, for example, you suffer death or personal injury or your contracted holiday arrangements are not provided as promised or prove deficient as a result of the failure of DAL, DAL's employees, agents or suppliers to use reasonable skill and care in making, performing or providing, as applicable, your contracted holiday arrangements. Please note it is your responsibility to show that reasonable skill and care has not been used if you wish to make a claim against DAL. In addition, DAL will only be responsible for what its employees, agents and suppliers do or do not do if they were at the time acting within the course of their employment (for employees) or carrying out work DAL had asked them to do (for agents and suppliers).

(2) DAL will not be responsible for any injury, illness, death, loss (for example loss of enjoyment), damage, expense, cost or other sum or claim of any description whatsoever which results from any of the following: -

- the act(s) and/or omission(s) of the person(s) affected or any member(s) of their party or
- the act(s) and/or omission(s) of a third party not connected with the provision of your holiday and which were unforeseeable or unavoidable or
- 'force majeure' as defined below

(3) Please note, DAL cannot accept responsibility for any services which do not form part of its contract with you. This includes, for example, any additional services or facilities which your hotel or any other supplier agrees to provide for you where the services or facilities are not advertised in DAL's brochure and DAL have not agreed to arrange them. In addition, regardless of any wording used by DAL on its website, in any of its brochures or elsewhere, DAL only promise to use reasonable skill and care as set out above and DAL does not have any greater or different liability to you.

(4) The promises DAL make to you about the services it has agreed to provide or arrange as part of its contract with you - and the laws and regulations of the country in which your claim or complaint occurred - will be used as the basis for deciding whether the services in question had been properly provided. If the particular services which gave rise to the claim or complaint complied with local laws and regulations applicable to those services at the time, the services will be treated as having been properly provided. This will be the case even if the services did not comply with the laws and regulations of the UK which would have applied had those services been provided in the UK. The exception to this is where the claim or complaint concerns the absence of a safety feature which might lead a reasonable participant to refuse to take the trip in question.

(5) As set out in these booking conditions DAL limits the maximum amount it may have to pay you for any claims you may make against it.

Where DAL is found liable for loss of and/or damage to any luggage or personal possessions (including money), the maximum amount DAL will have to pay you is £1,500 (fifteen hundred) per participant affected unless a lower limitation applies to your claim under this clause or sub-clause (6) below.

For all other claims which do not involve death or personal injury, if DAL are found liable to you on any basis the maximum amount it will have to pay you is twice the price (excluding insurance premiums and amendment charges) paid by or on behalf of the participant(s) affected in total unless a lower limitation applies to your claim under clause sub-clause (6) below. This maximum amount will only be payable where everything has gone wrong and you have not received any benefit at all from the Trip.

(6) Where any claim or part of a claim (including those involving death or personal injury) concerns or is based on any travel arrangements (including the process of getting on and/or off the transport concerned) provided by any air, sea, rail or road carrier or any stay in a hotel, the maximum amount of compensation DAL will have to pay you will be limited. The most DAL will have to pay you for that claim or that part of a claim if DAL are found liable to you on any basis is the most the carrier or hotel keeper concerned would have to pay under the international convention or regulation which applies to the travel arrangements or hotel stay in question (for example, the Warsaw Convention as amended or unamended and the Montreal Convention for international travel by air and/or for airlines with an operating licence granted by an EU country, the EC Regulation on Air Carrier Liability No 889/2002 for national and international travel by air, the Athens convention for international travel by sea). Please note: Where a carrier or hotel would not be obliged to make any payment to you under the applicable International Convention or Regulation in respect of a claim or part of a claim, DAL similarly are not obliged to make a payment to you for that claim or part of the claim.

When making any payment, DAL are entitled to deduct any money which you have received or are entitled to receive from the transport provider or hotelier for the complaint or claim in question. Copies of the applicable International Conventions and Regulations are available from us on request.

(7) Please note, DAL cannot accept any liability for any damage, loss, expense or other sum(s) of any description (1) which on the basis of the information given to DAL by you concerning your booking prior to DAL accepting it, DAL could not have foreseen you would suffer or incur if DAL breached our contract with you or (2) which did not result from any breach of contract or other fault by DAL or its employees or, where DAL are responsible for them, its suppliers. Additionally DAL cannot accept liability for any business losses.

(8) You must provide DAL and its insurers with all assistance it may reasonably require. You must also tell DAL and the supplier concerned about your claim or complaint as set out under "What if I have a complaint?" If asked to do so, you must transfer to DAL or our insurers any rights you have against the supplier or whoever else is responsible for your claim or complaint (if the person concerned is under 18, their parent or guardian must do so). You must also agree to cooperate fully with DAL and its insurers if DAL or its insurers want to enforce any rights which are transferred.

(9) **Force Majeure:** Except where otherwise expressly stated in these booking conditions, DAL regrets it cannot accept liability or pay any compensation where the performance or prompt performance of our obligations under our contract with you is prevented or affected by or you otherwise suffer any damage or loss (as more fully described in clause 18(1) above) as a result of "force majeure." In these Booking Conditions, "force majeure" means any event which DAL or the supplier of the service(s) in question could not, even with all due care, foresee or avoid. Such events may include war or threat of war, riot, civil strife, actual or threatened terrorist activity, industrial dispute, natural or nuclear disaster, adverse weather conditions, fire and all similar events outside our control.

Flights

19. The flight timings given on booking and detailed on your confirmation invoice are for general guidance only and are subject to change. The latest timings will be shown on your tickets which will be despatched to you approximately two weeks before departure. You must accordingly check your tickets very carefully immediately on receipt to ensure you have the correct flight times. It is possible that flight times may be changed even after tickets have been despatched - DAL will contact you as soon as possible if this occurs.

DAL is not always in a position to confirm the airline, aircraft type and airport of destination which will be used in connection with any flight included in your trip. When this information is provided at the time of booking or subsequently, it is subject to change. Any such change will not entitle you to cancel or change to other arrangements without paying DAL's normal charges.

Conditions of suppliers

20. Many of the services which make up the Trip are provided by independent suppliers. Those suppliers provide these services in accordance with their own terms and conditions. Some of these terms and conditions may limit or exclude the supplier's liability to you, usually in accordance with applicable International Conventions (see "Liability" above). Copies of the relevant parts of these terms and conditions are available on request from DAL or the supplier concerned.

Special Requests

21. If you have any special request, you must advise DAL in writing at the time of booking. Although DAL will endeavour to pass any reasonable requests on to the relevant supplier, DAL regrets it cannot guarantee any request will be met unless DAL have specifically confirmed this. For your own protection, you should obtain confirmation in writing from DAL that your request will be complied with (where it is possible for DAL to give this) if your request is important to you. Confirmation that a special request has been noted or passed on to the supplier or the inclusion of the special request on your confirmation invoice or any other documentation is not confirmation that the request will be met. Unless and until specifically confirmed, all special requests are subject to availability.

DAL regrets it cannot accept any conditional bookings, i.e. any booking which is specified to be conditional on the fulfilment of a particular request. All such bookings will be treated as "standard" bookings subject to the above provisions on special requests

Prices and Brochure Accuracy.

22. Please note, the information and prices shown in this brochure may have changed by the time you come to book the Trip. Whilst every effort is made to ensure the accuracy of the brochure and prices at the time of printing, regrettably errors do occasionally occur. You must therefore ensure you check all details of the Trip (including the price) with DAL at the time of booking.

This brochure is DAL's sole responsibility. It is not issued on behalf of and does not commit any independent organisation/carriers whose services are featured in it.

Promotional Material

23. DAL reserves the right to use any photographs and images taken on a trip or trip-related occasion by its employees, or forwarded by any person on the trip or connected to the trip, in its brochures, on its website and for use in any other relevant promotional material.