



This amazing 11-day challenge takes you from historic Cuzco to the amazing site of Machu Picchu. You will trek on the new Salkantay trail away from the tourist routes. You will see ActionAid's work firsthand and see for yourself how your sponsorship changes lives.

DAY 1 Wednesday 30 April
London – Lima

We will take a morning flight from London to Lima via Amsterdam. Arrive in the evening and transfer to the hotel for dinner.

DAY 2 Thursday 1 May
Lima – Cuzco

We take a domestic flight over the Andes to Cuzco, the old capital of the Inca empire. We transfer to a central hotel and have the afternoon free to explore Cuzco or take part in an optional walking tour. Tonight after dinner we hear more about the week ahead.

DAY 3 Friday 2 May
Around Cuzco

Today is a free day in Cuzco to acclimatise to the altitude. There is an optional tour of the area. This includes a visit to the Sacred Valley, the Inca site and market town of Pisac and a warm-up hike over part of the Inca trail. Dinner and overnight at the hotel.

DAY 4 Saturday 3 May
Cuzco - Mollepata - Soray Pampa (8-9 hours)

We set off early from Cuzco and transfer to Mollepata (2,800m) where we start our challenge. We trek gently uphill for most of the

day with great views over the valley and mountains to reach our campsite.

DAY 5 Sunday 4 May
Soray Pampa - Colca Pampa (8-10 hours approx. 1000m ascent, 1875m descent)

We continue our trek and hike uphill, then onto a rocky trail to reach the pass. From here we see the glaciers and the summit of the Salkantay – the view is spectacular! We continue downhill to reach the valley bottom, passing the houses of local potato farmers en route. The landscape here is green and lush, with cascading waterfalls, beautiful birds and swathes of bright green bamboo. We cross a small bridge and trek uphill to a hamlet where we camp outside the village with a small hot spring close by.

DAY 6 Monday 5 May
Colca Pampa - La Playa (Luchu bamba) 7 hours approx. 215m ascent, 615m descent

Today's trek descends steeply to the lower west bank of the river. We'll see impressive waterfalls, jungle vegetation, palm trees and orchids throughout the day. We pass two rural villages and a school to arrive at the village of Luchu bamba where we camp. The village is surrounded by tropical coffee plantations, mangos, bananas and bamboo.

DAY 7 Tuesday 6 May
Luchu bamba - Idroelectrica - Aguas Calientes (5-6 hours approx. 840m ascent, 1010m descent)

Our final trekking day – our route takes us through the coffee plantations, over a high ridge before descending to a remote campsite with great views of the stunning Machu Picchu in the distance. We follow one of the original Inca trails zig-zagging on the flank of the mountain

then descend towards the Aobamba river. We cross the river to a breathtaking waterfall then take the train to Aguas Calientes where we stay overnight.

DAY 8 Wednesday 7 May
Agzas Calientes - Machu Picchu - Cuzco

We have an early start to reach Machu Picchu for sunrise. We have a guided tour with time to explore the ruins before lunch and then we catch the train back to Cuzco. In the afternoon we have time to explore Cuzco and in the evening we enjoy our celebratory meal to toast our achievement.

DAY 9 Thursday 8 May
Actionaid Project visit

Today we will visit one of ActionAid's projects on the outskirts of Cuzco and it promises to be a day to remember! ActionAid works with local communities to support health, education and agricultural projects. Today will bring home how your life-changing adventure has also transformed poor people's lives. Your evening is free to enjoy lively and historic Cuzco.

DAY 10 Friday 9 May
Cuzco - Lima - London

Fly from Cuzco to Lima and catch an evening flight to the UK.

DAY 11 Saturday 10 May
London
Arrive UK.

You will also have the opportunity to extend your trip at an extra cost. There is limited availability so please request your extension upon registration.

© Classic Tours. The itinerary is complex and subject to change.



WHERE ON EARTH AM I GOING?

About Peru

Peru offers some of the most spectacular scenery in South America which you will see on your challenge. Your trek does take place at altitude and is challenging and we do suggest you take time to train so that you get the most out of the experience. Temperatures range between 20-25°C in the day, dropping to below freezing at night. We also ask you to bring waterproofs in case of rain.

ActionAid in Peru

ActionAid has been working in Peru since 1988 and supports projects managed by



our sister organisation Ayuda en Acción. We work closely with local communities on issues including health, education and livelihoods. After the challenge we visit a rural project and meet the children and communities to gain a better understanding of our work.

This information is correct at the time of going to print. You will be advised of any changes before departure. ActionAid is acting on behalf of Classic Tours, ATOL 3379. Classic Tours have adapted the usual Inca trail route to reduce the impact on the environment. We want to take care of these historic trails for future generations.

TOP TIP!

"Tell as many people as you can about what you are doing - you will be surprised where sponsorship and help will come from!"

Penny White, Peru Trekker 2006



MONEY MATTERS

REGISTRATION FEE: £300 (can be paid in two monthly instalments)

MINIMUM SPONSORSHIP: £2,900

The trip costs of **£1,470** will be taken from the minimum sponsorship. Trip costs will cover:

- flights and transfers
- accommodation
- all meals except lunch on day 3 and 8, dinner on day 9 and meals on day 10
- all ground and luggage transfers
- support vehicles, mules, medics and guides
- an English-speaking expedition leader and full local support team.

Additional extras that you will need to cover:

- any meals not included (see above)
- airport taxes and passenger service charge (£146 in 2007 but subject to change)
- British passport holders do not require a

visa. If you hold another passport, we will advise you of visa requirements on registration

- any required vaccinations
- travel insurance £50, payable to Classic Tours (this is compulsory for UK residents only and must be purchased at the time you register.
- Non-UK residents will receive travel insurance advice on registration. Different insurance rates are applicable for travellers of 65 years or over)
- personal spending money and tips for the local support team
- travel to/from UK airports
- any optional activities/flight extensions

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