

RUN FOR RIGHTS

Make it happen!

Teacher Toolkit

Thank you for signing up to Run for Rights!

We know time and resources are tight, so this toolkit should make planning your Run for Rights challenge as easy as possible. It contains all the resources you need:

- ✓ Posters for you to put up at school
- ✓ Just Giving link for you to create an online fundraising page for your school
- ✓ Factsheet: 3 ways girls are protecting their right to learn
- ✓ Postcards featuring inspiring girl leaders
- ✓ Certificate for all schools who complete Run for Rights

We're here to support you along the way. We hope you and your school enjoy the challenge!

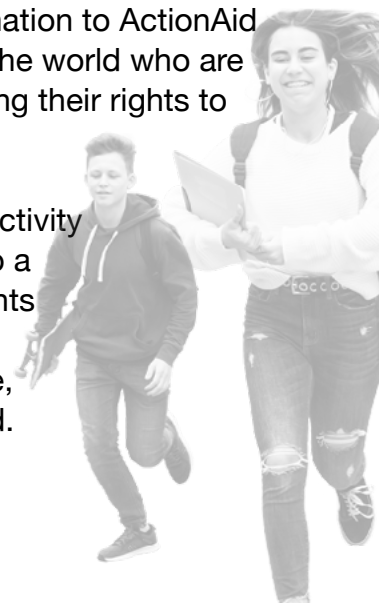
What is Run For Rights?

Run for Rights challenges pupils to run as many laps as they can in 16 minutes for the 16 million young girls missing out on school.

In some countries, girls are far more likely to miss out on life-changing education than boys. This is because discrimination, disasters, poverty and a lack of safety make learning impossible. But getting an education supports girls to shape their own futures and live healthier lives.

It's time to step up, lace up, and ask family and friends to make a donation to ActionAid and support girls around the world who are driving change and claiming their rights to equal education.

Run for Rights is a short activity that can be integrated into a regular school day. Students take part in exchange for sponsorship or a small fee, raising funds for ActionAid.



Who is Run For Rights for?

Run for Rights is designed to be teacher-led but can also be led by students or the school's charity committee.

Run for Rights is for everyone. It can be a whole school activity, a year group or just one class.

The activity is designed to be as inclusive as possible, but we appreciate that running is not possible for everyone. Feel free to adapt it, replacing running with a different activity that can be done for 16 minutes.

Why should we take part in Run for Rights?

Education is a universal human right and this gives an opportunity for your students to run in solidarity with young people around the world who don't as easily have a right to education.

Through taking part in Run for Rights and raising funds and awareness, your school can make a real impact and contribute to making sure more girls get the education that is their right.

When should Run for Rights happen?

Run for Rights can be done any time of year – spring or summer would probably be more fun!

Our recommendation is that you organise your Run for Rights as part of a school sports day, enrichment week or end of summer term activities. It could also be included as an activity connected to learning about girls' education and feminist leadership around the world, for example in a sociology or geography class.

Where should Run for Rights take place?

Run for Rights can be organised at school, on a sports field, or an indoor sports hall. It could also take place in a community setting such as a scout hut or local park.

Get in touch



We'd love to hear more about how you'll be planning your Run for Rights challenge. Remember, we're here to support you every step of the way to make your day a success.

Please get in touch with our Events Team at events@actionaid.org. We look forward to hearing from you. Enjoy the challenge!

