

A quick guide to using our Big Me teaching resources

Case study posters

Use the posters of Joshua, Israa, Pascal and Salma for an investigate-and-share class exercise or simply display them around the classroom for children to look at on Big Me day.

You will need:

- 4 x Big Me case study posters (The **Big Me Case Studies** PDF has all four posters in it)
- 4 x Flip chart/A3 paper

1. Split the class into four groups, assigning one poster per group.
2. Ask the groups to discuss their case study and capture their thoughts in writing to feed back to the class. This could include:
 - The child's name and age
 - Where they are from
 - Who they live with
 - What they like to do
 - What they want to be when they grow up
 - Similarities and differences between the child and themselves
 - Anything they would like to say to or ask the child if they got the chance
3. Ask each group to present their findings to the rest of the class.

Letters and postcards

Use our examples and templates to help pupils write to their future selves. This is a writing composition exercise and can be adapted for all ages and abilities.

You will need:

- At least 1 x **Big Me letter to the future - example from Joshua**
- At least 1 x **Big Me postcard to the future - example from Joshua**
- A **Big Me letter to the future - template** for each child who is writing a letter (prints double-sided)
- A **Big Me postcard to the future - template** for each child who is writing a postcard (prints double-sided)

1. Read Joshua's letter or postcard to the class.
2. Ask who Joshua was writing to (Answer: himself, ten years into the future).
3. Ask the children to talk in pairs and share back to the class about:
 - What they would like to be doing in ten years
 - What they would like to say to/ask their future self
4. Pupils should then write their own letter or postcard using the templates. The letter folds in half to create an envelope with two circles to glue it together. The postcard has space on the back for children to draw themselves as their Big Me.
5. Give their letter or postcard to take home to open in ten years' time!

Big Me!

actonaid.org.uk/Big-Me

My Journey to becoming Big Me

Use the template to help pupils think about the steps they need to take to become their future selves.

You will need:

- Copies of 'My Journey to Becoming Big Me' for each pupil

Ask the class to:

1. Draw themselves now and as their future selves in the two picture boxes
2. Think what they might need to study or what experience they could need
3. Think what other information they might need to find out
4. What skills might be needed to carry out the job
5. Think what the next immediate step, or the next few steps, might be to become Big Me

Playtime Quiz

A way for your students to learn more about the difficulties children around the world can face, such as not being able to go to school or having to get married from a young age.

You could:

- Ask your students to take part as a class
- Ask your students to take this home to do with their families
- Raise extra funds by asking for a £1 donation to take part and win a prize!

Answers:

1. 19.5%
2. 263 million
3. 2/3
4. All of the above
5. £30

Wordsearch

An extra activity to help children think about the different things they could do or be in the future.