PAKISTAN

Change lives. **For good.**
actionaid

The country of Pakistan sits to the west of India. Its eastern and southern parts are largely covered by the Indus River and its branches. This area used to be home to some of the world's oldest societies. Today, most people still live along the rivers and work on the land. To the north, the country rises to the great mountains, including K2, the world's second highest mountain after Everest. Poverty remains a big problem for the majority of people, especially with changes in the climate and natural disasters such as floods, earthquakes and droughts.

Capital
Islamabad

Area
796,095 sq km

Official language
English, Urdu (national language), Punjabi

Climate
Mostly hot, dry desert but mild in the northwest and arctic in the north

Population
196,174,380 (July 2014 est.)

Population distribution
36.2% of Pakistan's population live in urban areas (2011)

Money
1 Pakistani rupee = 100 Pais

Life expectancy
65 years (men), 69 years (women)

THE BIG ISSUES

Poverty

21% of the population live on less than £1 a day.

Education

Only **67%** of boys and **60%** of girls attend primary school.

Emergencies

Pakistan's monsoon floods of 2010 made **20 million** people homeless.

Women's Rights

21% of girls are married before their 18th birthday.

Land & Food

32% of children under the age of 5 are underweight.

ActionAid in Pakistan

ActionAid started work in Pakistan in 1992 and now works with 60,000 of the country's poorest people, mainly landless farmers, women and urban poor people. We also support people in conflict and emergency situations.
For more information visit: **po.st/Pakistan**

Sources from top to bottom, left to right. 1. https://www.cia.gov/library/publications/the-world-factbook/geos/pk.html | 2. The State of the World's Children 2015', UNICEF (published 2014) | 3. 'The State of the World's Children 2015', UNICEF (published 2014) | 4. ActionAid UK (2014) | 5. The State of the World's Children 2015', UNICEF (published 2014,) | 6. The State of the World's Children 2015', UNICEF (published 2014)